

Newsletter October 2005

Boroondara BUG meetings are held on the 2nd Wednesday of each month, except January. Next meeting: 7.30pm Wednesday 12th October, at the Swinburne Hawthorn Campus in room TD244. Maling Ward Councillor Dick Menting will be a guest at this meeting. The TD building is between Park and Wakefield Streets.

The Boroondara BUG is a voluntary group working to promote the adoption of a safe and practical environment for commuting and recreational cyclists in the City of Boroondara. We have close links with the City of Boroondara, Bicycle Victoria, Bicycle Federation of Australia and other local Bicycle Users' Groups.

Boroondara BUG has a web site at <http://home.vicnet.net.au/~bdarabug/boroondarabug.htm> that contains interesting material related to cycling, links to other cycle groups, recent Boroondara BUG Newsletters and breaking news.

We also have two Yahoo Groups:

Send a blank e-mail to BoroondaraBug-subscribe@yahoo.com to receive this monthly newsletter and occasional important messages.

Send a blank e-mail to BoroondaraBugDiscussion-subscribe@yahoo.com to monitor or join in an ongoing discussion of bike related issues both local and general.

All articles in this newsletter are the views and opinions of the authors and do not necessarily represent the views of any other members of Boroondara BUG. All rides publicised in this newsletter are embarked upon at your own risk.

Features

Cycle Queensland – Goondiwindi to the Gold Coast, 'Spinifex to Surf', September 2005

Closely modelled on Bicycle Victoria's multi-day bike rides, the CQ ride provides the opportunity to experience varied, attractive scenery; meticulous and friendly organisation; and nourishing, plentiful food without the drawbacks of long queues. The friendliness of the other riders, staff and volunteers made this ride very enjoyable. I enjoyed the relative peace of this ride, especially the absence of recorded music around the campsite, but I guess I'm revealing my age here! The volunteers did a great job, giving unstintingly of their time so that the riders had the best possible holiday. At a little over 1,200 riders the numbers were manageable. Whilst there were a small number of families and a few school groups, most riders were middle-aged. Some had come from overseas, one group of riders and volunteers having travelled all the way from Thailand to do the ride.

The Route

Day 1 – Sat. 3/9/05 – Goondiwindi to Yelarbon (58km). This was a flat, easy day's ride with a tail-wind so made for a gentle start to the ride. The spinifex countryside was quietly beautiful, especially when lit by the golden light of Queensland that is similar to the light in Melbourne on a sunny autumn afternoon.

Day 2 – Sun. 4/9/05 – Yelarbon to Texas (64.6km). Another gentle day's riding through flat spinifex country. The campsite at Texas had views of rolling mauve and blue hills. At camp we watched as a storm complete with thunder and lightning passed close by but just missed our camp – a real sound and light show on the horizon.

Day 3 – Mon. 5/9/05 – Texas to Inglewood (56.2km). A third day of gentle riding through undulating terrain with lots of tasty olive products to sample at the campsite that afternoon. Today was yet another day of perfect weather, being sunny and warm with gentle winds.

Day 4 – Tues. 6/9/05 – Inglewood to Stanthorpe (109.2km). Up we went to Stanthorpe, but our legs were in trim for this day of challenging distance and hills. A headwind in the morning made this a hard day's ride. Thank heavens the wind dropped a little in the afternoon. Several folk had punctures from the Bindi Eyes, nasty spiky burrs that hurt when they get into you and cause havoc when they get into your bike tubes. The lesson we learnt today was not to wheel or ride your bike over grass, especially dry grass.

Day 5 – Wed. 7/9/05 – Rest day in Stanthorpe. A variety of tours had been organised by CQ, but you had to be quick as they booked out fast. My friends and I missed out so did a walk around Stanthorpe instead.

Day 6 – Thurs. 8/7/05 – Stanthorpe to Killarney (86.1 km). A day of mainly downhill riding into the historic town of Killarney. Today's ride incorporated 8km of unsealed but well graded road. The hybrids and mountain bikes flew along on this, and provided the road bike riders took it slowly they managed it well too. The terrain was undulating but mainly downhill.

I thought this was the best day's ride of the tour. After the rest day I felt fresh and was looking forward to tackling some longer distances. The country became increasingly verdant as we neared Killarney which, as its name suggests, was originally settled by Irish immigrants. The historic buildings were well preserved with the pub and post office still occupying their original buildings. This town's planners had the good sense to place new buildings such as the supermarket in the back streets so that the historic parts remained unspoilt.

Day 7 – Fri. 9/9/05 – Killarney to Boonah (72.2 km). Another very scenic day's riding through varied terrain. A thick early fog cleared to a gloriously sunny day. There were two scary steep descents including a very steep downhill section of about 8kms that I found downright frightening on the road bike. After attempting to ride down and nearly losing control of my bike and feeling how hot the wheel rims had become, I decided to walk this section.

We had been warned about these descents both in the ride Guide and in the previous evening's ride briefing. The bike mechanics from Epic and Shimano tested every rider's brakes before them. One rider who had done the ride to date with no functioning rear brakes and only a worn set of front brakes had his entire brake system rebuilt on the side of the road at the top of the first steep descent! I have ridden on many steep roads before, but never anything like this. Tight hairpin bends on each corner added to the difficulty. One rider lost control of his bike, fell off the edge of the road and ended up in the ambulance.

Day 8 – Sat. 10/9/05 – Boonah to Canungra (73 km). A fairly flat, easy day's riding through rainforest and pastoral country to the pretty Gold Coast hinterland town of Canungra. Another foggy morning clearing to a warm, sunny day. The Canungra camp site in Moriarty Park was the most scenic of the camp sites as it was surrounded by rainforest and was so green and fresh.

Day 9 – Sun. 11/9/05 – Canungra to Broadbeach (44.2 km). A couple of big hills climbing out of Canungra, then a wonderful downhill swoop to the Gold Coast. Another superb day's weather to end this wonderful ride.

Documentation

Bicycle Queensland provided timely, thorough and clearly written documentation including. The *CQ Handbook*, mailed to riders about two months before the ride, detailed how to prepare for the ride, what gear to bring, how to travel to and from the ride, and answered FAQ's about campsite organisation and activities. A few weeks later a ride *Guide* was provided that gave a day by day detailed ride description, elevation profiles and town maps with each night's campsite clearly indicated.

Campsite Seats

It is ironic that after sitting on a bicycle seat all day, at the end of the day's ride you long for a seat, at least whilst eating dinner. The search for a suitable seat lasted the entire ride for some unfortunate riders who had omitted to read in their *Handbook* of the need to bring your own, or perhaps they thought that applied to the grog. Riders adapted all manner of items including sleeping bags, thermal mats, cardboard boxes, bubble wrap, upturned milk crates, and at times purloined other riders' stools and trade staff members' chairs.

I brought from home a cheap, unstable three-legged folding camp stools upon which I perched precariously each evening. After falling off a few times I worked out I had to throw a leg over and straddle it as you would a bicycle seat. Provided I concentrated hard and didn't wriggle I managed to stay upright, but after having a few glasses of wine or moving, I found myself landing in the middle of my neighbour's dinner.

Upon realising their omission some quick-thinking riders made a dash to the camping shops that did a roaring trade selling folding stools and chairs, often selling out of such items early in the afternoon. In desperation one of my riding companions bought a small child's red and blue folding camp chair named enigmatically in bright yellow lettering 'Terry Strawberry'. 'Terry' proved a winner though as he packed down small enough to be stowed with the camping gear and, although small, accommodated an adult bottom without too much strain. One rider bought a superior four-legged camp stool but another rider relieved him of it. The bereft, seatless rider said it was the first time he'd ever had his seat pinched.

Showers and Loos

On larger bike tours like CQ you not only pedal your bike, you also pedal the loos. Clean and plentiful, the loos and showers were tended by a large, muscular man ironically called 'Mouse' who understandably took a dislike to people washing their dishes in the toilets or showers. Some people, not overly concerned about hygiene, really did try this on until Mouse caught up with them. I doubt they would have tried it on a second time.

Sleeping Arrangements

Some ride guides coyly caution that the camp site is really 'one large bedroom' and, as far as noise and its ability to travel is concerned, this is true. Whilst we may feel private in our tents, this is an illusion. In the quiet of the night noises becomes amplified so we were treated to a chorus of snores that attested to the age of many of the riders and their ability to sleep soundly! Whilst one snorer can prevent those nearby from sleeping, there were so many snorers that a soothing snoring symphony resulted. There was always the option of wearing ear plugs if the snoring got too much.

Memorable Other Riders

People undertake organised cycle tours for many reasons: as a break from work or routines; to gain or regain health; to see new country; to spend time with friends and family; and to make new friends. Whilst riding along some reveal their life experiences, all of which are interesting, some of which are poignant, and others truly inspiring.

One woman had painted on the forks of her free Bicycle Victoria bike 'Little Nanna'. She was a war-widow and grandmother who had got back into cycling by getting the free bike and doing the GVBR with her daughter last year. Since then she had become a real convert to cycling tours. One rider, orphaned when young and whose wife had died, now travelled the world as a cycle tourist on a heavily laden little folding bike. Although BQ transported riders' luggage between campsites, this rider chose to carry all his luggage each day on the bike. He didn't want to lose fitness for when he headed off solo again.

One young woman rode on a penny farthing with her mascot, a stuffed toy penguin called 'Pen', who rode in a little trailer towed at the back of the bike. With no effective braking and without gears, riding a penny farthing on a 9-day ride is a real challenge. This woman rode strongly up the steepest of hills. An extraordinarily courageous middle-aged woman farmer whose first love was motor-cycle riding was hit by a car whilst on her motor bike some 18 months ago, leaving her with much reduced movement in one of her legs and other debilitating injuries. To rebuild her muscles and strength this woman took up bicycle riding and completed the CQ ride.

Cycle Queensland Ride - 2006

If you enjoy cycle touring through scenic countryside, a relatively quiet campsite, no queues, efficient and friendly organisation, I would strongly recommend a CQ ride. Next year's ride theme is 'Going troppo: rainforest, reef and relaxation'. This ride will be through beautiful country as it runs from Port Douglas to Mission Beach via the Atherton Tableland from 9 – 17 September 2006. Hope to see you there!

Cathy Taylor, Rider, 2005 Cycle Queensland Ride

General News

Bicycle Victoria Council 2005 Council Elections

Each year three of the nine Bicycle Victoria Council positions fall vacant after the three-year terms expire. Bicycle Victoria members will receive voting instructions including PIN numbers by snail mail. Telephone voting will take place between 3rd and 21st October.

There are seven candidates for the three vacant positions. Jason den Hollander, Boroondara BUG's webmaster, is one of the candidates. This is Jason's candidate statement.

I have been a BV member for many years and I'm running for Council to help get 'more people cycling more often'! Growing up with a Dutch father and living there as a child has given me a passion for all things 'bike' and the many benefits that all can enjoy from cycling.

I have diverse cycling interests ranging from my daily CBD commute, riding with my wife and daughters, long bunch rides with friends into the hills and club racing. I have an active involvement in my local BUG(Boroondara), the committee of Hawthorn Cycling Club and school cycling activities gives me a vast insight into the cycling community and it's needs.

I am committed to environmental sustainability and community consultation, both within and beyond current Bicycle Victoria membership. I will further the formation of partnerships with local cycling groups, councils and other groups maintaining communication with the whole community. I am committed to safer, well maintained and connected metropolitan bike paths across council areas.

Insurance is a key reason why Bicycle Victoria members join and I will make sure that this is improved further in the current financial insurance environment.

I support an integrated approach to bicycle development in all of Victoria, the potential for bike trails as well as bike lanes in regional towns is positive and the time is right.

I will offer a younger 'fresh' perspective to the council to help BV build onto its current growth and assist our cycling community to develop into the future. Please vote for me in October in the Bicycle Victoria elections.

Jason den Hollander, phone: 0402118 891, email: fdutch@gmail.com

Readers are urged to use their vote in this year's elections and to consider giving their first preference to Jason who has amply demonstrated his commitment to improving cycling facilities in Boroondara. **Ed.**

Bicycle Victoria Annual General Meeting

The 30th Annual General Meeting of the Bicycle Institute of Victoria Incorporated (trading as Bicycle Victoria) will be held on Monday 7 November 2005 in the Condell Room, Melbourne Town Hall (cnr Swanston and Collins streets) at 7.00pm.

Members who RSVP by close of business Friday 4 November are invited for light refreshments from 6.30pm. RSVP: ph (03) 8636 8888, email jennieh@bv.com.au.

Your questions

BV welcomes all Members to attend the AGM and ask questions and make comments.

If you have questions you'd like answered in detail at the AGM, please email or write to BV by 5pm Friday 21 October (GPO Box 1961, Melbourne 30 01; jennieh@bv.com.au).

New Constitution: Notice of Special Resolutions

Notice is given that it is intended that the following resolutions be proposed as special resolutions at the Annual General Meeting:

1. That the name of the association formally be changed to Bicycle Victoria Incorporated.
2. That the constitution of the association be replaced with the new constitution recommended by the Council, copies of which have been made available to Members before the meeting, and a true copy of which has been initialled by the chair of the meeting for the purpose of identification.

All current Members are entitled to attend and vote and each Member is entitled to one vote at the meeting

If you cannot vote in person, you are entitled to appoint another Member as your proxy, by giving notice to the Secretary, Bicycle Victoria by fax (8636 8800) or mail (GPO Box 1961, Melbourne 3001) no later than 8pm Saturday 5 November 2005. Each Member can hold up to 10 proxy votes. Proxy forms are available from jennieh@bv.com.au or from the BV web site.

For further details of proposed constitutional changes see the BV web site at: <http://www.bv.com.au/inform.php?a=9&b=162&c=1670>

An information night where you can ask BV Council and BV's legal adviser questions about the new constitution will be held at 7.00 pm on Wednesday 26 October 2005 at Bicycle Victoria. All interested members are very welcome to attend. Please RSVP your attendance for the Information Night by Friday 21 October 2005 to constitution@bv.com.au.

Information from the BV web site

Beyond Boroondara

Beach Road Proposal

Push for scenic road group wants to turn Beach Road into a scenic boulevard with a 40km/h speed limit. Mordialloc Beaumaris Conservation League has advocated for one traffic lane to be removed to make way for wider roadside verges and a bicycle path. Under the vision, concrete safety barriers would separate bicycles from traffic. Kingston Mayor Topsy Petchey said it was unlikely the council would back the proposal because it had already rejected plans for a "back-of-kerb" bike path on Beach Rd. Cr Petchey said the council supported VicRoad's findings that an on-road bike path would pose a traffic hazard because it would mean reducing traffic lanes. "Our priority is to advocate for traffic safety and speed-related issues," she said. VicRoads spokeswoman Jo Bishop said Beach Road had been improved with measures including nightly and weekend truck curfews, off-road bike paths, turning lanes to foreshore areas and onroad parking. "But VicRoads would be happy to consider any further proposals in consultation with stakeholders," she said.

From Mordialloc Chelsea Leader (Vic Suburban), 26 September 2005, Page 3; Media contact: Rebecca Spiteri 0407 837 272 or 9651 5799 www.vic.gov.au

Beach Road Closure Sunday 9th October

A reminder that the 28th Asics Melbourne Marathon will be held on Sunday 9th October 2005. The race commences in Frankston at 8am and will travel on the northbound lanes following the beach roads from Frankston to Melbourne. It incorporates the half marathon at Ricketts Point and marafun run/walk at Point Ormond Avenue, Elwood. . This will close major roads to all traffic **including bicycles** from 7am to 1pm.

For fuller details refer to last month's newsletter

Pedestrian Safety a Priority on the Warburton Highway: Media Release

The Warburton Highway will receive more than \$400,000 to improve safety for pedestrians at two locations, the Minister for Transport, Peter Batchelor, said today. Joined by the Member for Gembrook, Tammy Lobato, Mr Batchelor said the first project would see \$248,000 spent on the installation of pedestrian signals near the Water Wheel Visitors Centre in Warburton.

“This will be very welcome news for the community and for the Shire of Yarra Ranges, who have been active in voicing their concerns about safety at this location,” Mr Batchelor said. “The location experiences high pedestrian activity as locals and visitors cross the highway to access either the shops or the visitors centre. The speed limit along that section of road has been reduced to 50km/h and this latest initiative enhances pedestrian safety even further.”

Ms Lobato said pedestrians in Millgrove would also welcome the news of a new \$164,000 facility to form part of the Warburton Rail Trail. “The Warburton Rail Trail is a popular route for people who wish to enjoy the beautiful local scenery while walking, cycling and horse riding,” Ms Lobato said. “The trail crosses the Warburton Highway and these new pedestrian operated signals will provide a much safer crossing point.”

Ms Lobato said both projects highlighted the Bracks Government’s commitment to improving infrastructure for all road users. “The Bracks Government has listened to community concerns and taken action to improve road safety,” she said.

Mr Batchelor said pedestrian safety was a key part of the Government’s arrive alive! Road Safety Strategy that aimed to reduce the road toll by 20 per cent by 2007. “The Bracks Government will continue to address road safety concerns and work towards reducing the road toll even further,” Mr Batchelor said.

Works on the projects are due to commence early in 2006.

Media contact: Rebecca Spiteri 0407 837 272 or 9651 5799 www.vic.gov.au

\$19.7m Budget Boost to Kings Road: Media Release

Transport Minister Peter Batchelor today announced a \$19.7 million Bracks Government project to duplicate Kings Road. Mr Batchelor and Member for Keilor, George Seitz, visited the site in Sydenham today, saying the Bracks Government was delivering on its commitment to improve outer metropolitan roads.

Mr Batchelor said the funding would be used to duplicate Kings Road between Taylors Road, Delahey and the Melton Highway. “This project will see Kings Road converted to a high standard, divided four-lane route, extending the already duplicated section south of Taylors Road to the Melton Highway,” Mr Batchelor said. “Our Government is committed to providing improved transport links in growing outer metropolitan areas, and this project will provide an important link stretching from Deer Park to Taylors Lakes. Kings Road is recognised as the vital north-south link in the outer western suburbs, and once duplicated, will act as a main access route for the rapidly expanding western growth corridor.”

In welcoming the announcement, Mr Seitz said the project was highly important to the development of Melbourne’s increasingly busy western suburbs. “Local residents will welcome the improvement in travel times and the reduction in congestion along Kings Road, especially during the morning and afternoon peaks,” he said. Mr Seitz said that improving the standard and safety of outer metropolitan roads was a key action in the Bracks Government’s Metropolitan Transport Plan, and this latest funding boost was part of putting that plan into action.

“While we can’t eliminate congestion totally, this project will see the strain lifted on the existing road, which often becomes congested as motorists travel between Ballarat Road and the Melton Highway.” Mr Seitz said that it is proposed that the project will also see the installation of traffic signals at Hume Drive, and that pedestrians and cyclists would also be catered for with a dedicated off-road bicycle path facility. The duplication will improve traffic flow, as well as enable locals travelling on foot or by bike to move about much more safely, with minimal interaction with road traffic.”

The Bracks Government’s Linking Melbourne: Metropolitan Transport Plan aims to link communities and foster employment and economic development by improving our road, rail and port networks.

Media release from the Minister for Transport, Friday 23 September, 2005

Velodrome etiquette

The Hawthorn Velodrome is a popular facility for Boroondara cyclists of all shapes and kinds. However there is sometimes conflict or the risk of incidents as many riders are quite understandably unaware of what common velodrome etiquette applies in such a scenario.

The direction of travel on velodromes is anti-clockwise. Most riders will assume that the same rules apply as on the road/shared path, ie slow riders ride in left lane, faster riders ride/overtake on right. However due to many factors velodromes work inversely to this. On a velodrome if you are going faster you ride on the lower or left half of the velodrome. If riders are passing you, you should move 'up' the track to leave the track clear for those wishing to take the faster line.

This is signed at the Hawthorn Velodrome, albeit unclearly at present, at the bike path entrance; the other sign near the pavilion has fallen off. This matter has been submitted to council for consideration and hopefully the result will be some clear signage and 'lanes' on the velodrome itself. If unsure, take a few moments to study how those present on the velodrome are riding. It's not that complex. If approached from behind by another rider WAIT till they pass, thus riding in a predictable manner. Above all, have fun :)

Jason den Hollander

News from Neighbouring BUGs

New Stonnington BUG Formed

The Stonnington BUG was launched with a well-attended Inaugural Meeting on Sunday 17th September. The City of Stonnington's recently released Bicycle Strategy provided the impetus for the formation of the new BUG. Below are the BUG's stated aims:

Stonnington BUG is a networking forum for local cyclists and a focal point for local cycling campaigns, education and advocacy. We also provide a united voice for cycling when dealing with Stonnington Council. Among our other activities, the BUG lobbies Council, VicRoads and other such bodies to ensure that:

- * cycling facilities are upgraded*
- * the Stonnington Bike Strategy is funded appropriately*
- * cyclists are consulted about local issues which concern us*

If you're a Stonnington cyclist - whether as a resident or someone who rides through the area - please feel free to join our email list and come along to our next meeting.

Contact people for the BUG are Justin Mansfield and Charlie Farren. An email address has been set-up for the BUG (stonningtonbug@gmail.com) and an email has been created to facilitate communication between members (visit the homepage of the email list at: <http://groups.yahoo.com/group/stonningtonbug>). This email list will include those people present at the Inaugural Meeting as well as seven other people who have contacted Justin/Charlie asking to be kept informed about the BUG. Justin will subscribe BUG members to the email list, or you can sign up yourself by visiting the email list homepage.

Boroondara News

New Bike Lanes

The bike lanes in Canterbury Road, Belmore Road and Doncaster Road were installed at the end of September 2005, specifically:

Canterbury Road between Burke Road and Stanhope Grove - exclusive bike lanes (parking permitted); Belmore Road between Burke Road and Balwyn Road - wide kerbside lanes; Doncaster Road between Burke Road and Bulleen Road - exclusive bike lanes (parking permitted)

Yarra Boulevard south of Wiltshire Boulevard - wide kerbside lanes are also proposed but I haven't had a chance to check if they have been completed.

Jim Hondrakis, Team Leader Transport Management Projects and Strategy, Boroondara City Council

Plans for Gardiners Creek Missing Link to be Filled

A link that cyclists would love to see is one that would connect the Anniversary Trail and the Stonnington and Monash sections of the Gardiners Creek Trail. The existing connection to the Scotchmans Creek Trail is an important part of the linking of paths and the Waverley Rail Trail also adds to the importance of this major intersection of paths and trails. The *Progress Leader* has reported that \$30,000 has been allocated for joint development of a plan to complete the trail through Stonnington, Monash and Boroondara. Boroondara Council has recognised that a connection from the Anniversary Trail at Alamein Railway Station to Warrigal Road through Markham Reserve could be an important part of the solution. One proposal would involve off road shared paths along Ashburn Grove and Markham Avenue and then an off road path across the Reserve to the bridge at Warrigal Rd. No doubt an underpass facility would complete a safe connection to the Monash section of the Gardiners Creek Trail. Boroondara BUG members, as well as many other cyclists, are keen to see the current tortuous route and crossing of Warrigal Road made safe and convenient for commuter and recreational cyclists.

Graeme Stone

Boroondara BUG News

Minutes of Boroondara BUG Meeting 7.30pm Wednesday 14th September 2005

Held at Swinburne, Hawthorn Campus, room TD244

Present: Tim Connors, Malcolm Faul, David Leong, Jason den Hollander, Graeme Stone and David Macmillan

Apologies: Phil Crohn, Julia Blunden

Correspondence: Vicroads Cycle Notes No 16 (Safe Road Crossings for off-road paths); Boroondara Council Launch announcement of Development of Volunteers

Business Arising from Previous Minutes: JB to follow up Adam Hall/Jim Hondrakis for clarification of Glenferrie Road parking locations

New Business:

David Macmillan arrived and informed us about the proposed Bunnings development at 230 Burwood Road Hawthorn. Bunnings have proposed to reshape the road to squeeze in a right-turn lane and narrow existing lanes and narrow footpath. As this is part of the PBN it is considered imperative to keep cycling facilities intact/safe along this road. JD to distribute Response/Objection form on newsletter yahoo list (done). JD also spoke to Works officer at BCC, got hold of detailed proposed plans and spoke to Sean Pinan (campaigns at BV) who will also lobby against the impact on the road layout.

GS talked about Tooronga Village development. All to keep an eye out for public submission for comments.

BAC meeting with Jim Hondrakis: notes submitted and approved. Some elements raised as weak points, outlined as to-do items. GS to email JH regarding Solway Bridge and the Markham Reserve 'Missing Link' in the Gardiners Creek Path.

Priority List: Shaped to reflect Jim Hondrakis' applications including 'signed off' zone at top to better reflect working relationship with BCC. GS to email out Priority list for review/comment.

Malcolm Faul to follow up Bridge Rd Hawthorn Bridge Gutter issue in writing to ensure formal response.

Councillor Dick Menting (Maling Ward). Formulate how to build October Meeting to cater for his presence. Outline 'Bigger picture' of cycling issues in BCC and some relevant specifics. PC to add any specifics

Jason den Hollander

Contacts for Rides

There are many BUGs, clubs and other organisations, several of them local, which organise rides. Below are some of their contact details. At the end of this newsletter is a separate section with details of many of their forthcoming rides.

Camberwell Downhill Gourmet Bike Riders: contact Elva Parker, phone: 9836 6392

Boroondara Bushwalkers: contact Julia Blunden, phone: 9853 5095, e-mail: jblunden@bigpond.com; web site: www.keypoint.com.au/~bbwinc

Hawthorn Cycle Tours: contact Hawthorn Aquatic and Leisure Centre, phone: 9815 0988; e-mail: lexbishop@bikerider.com; website: <http://www.geocities.com/perften/Hct.html>

Council on the Ageing (COTA) Cycling Group: contact Janet Bennett, e-mail: janpeter@bigpond.net.au or COTA, phone: 9654 4443.

Knox Bicycle Touring Club Incorporated, email: Email: Mikeaatleisure@aol.com **Web site:** home.vicnet.net.au/~knoxbike

Manningham BUG: e-mail: seball@netlink.com.au, H.Edwards@bom.gov.au; **web site:** www.vicnet.net.au/~mannbug

Maroondah Bushwalking Club: to obtain details of how to book on a walk and a copy of the current walks and activities program Contact **information officers:** Sandra, phone: 9728 3833; Aileen, phone: 9876 1104; web site: home.vicnet.net.au/~mbush/

Whitehorse Cyclists: e-mail: ejhopper@vicnet.net.au; **web site:** <http://www.whitehorsecyclists.org.au/>

Darebin BUG: Rides and Events Coordinator, Doug Morffew, phone: 9499 7325 (AH), email: dougmorf@alphalink.com.au
Download the [Darebin BUG rides flyer](#), with details of rides. (Word doc); **web site:** www.darebinbug.org.au

YHA: contacts: Claire, phone: 9726 5142 or Jane, phone: 9525 6462; e-mail: yhacycling@yahoo.com.au; website: <http://www.vicnet.net.au/~yhacycle>

Melbourne Bicycle Touring Club: contact Touring Secretary, Dave Cash, phone: 9817 3269, or e-mail info@mbtc.org.au
(Please note that this e-mail address doesn't get checked every day - so don't expect an immediate response!) Web site: [mbtc.org.au](http://www.mbtc.org.au)

Boroondara BUG Contacts:

Convenor:

Graeme Stone, 16 Jervis Street, Camberwell VIC 3124.
Phone: 9889 5426
e-mail: graeme_stone@optusnet.com.au

Newsletter editor:

Julia Blunden, phone: 9853 5095
e-mail: jblunden@bigpond.com

Webmaster:

Jason den Hollander
email: fdutch@gmail.com

Other Contacts:

Phil Crohn: philcrohn@ozemail.com.au
David Leong: leongd@anz.com

Boroondara Bicycle Users Group

Membership Application Form

Name: _____

Address: _____

Postcode: _____

Member of Bicycle Victoria? Y / N

Phone: (H): _____ (W): _____

e-mail: _____

Membership requires a one-off payment of \$10 per household. There is an additional charge of \$10 per annum for delivery of a hardcopy newsletter. Please send cheque (made out to *Graeme Stone*) along with this form to: Graeme Stone, 16 Jervis St, CAMBERWELL, VIC 3124

Past and Forthcoming Rides

Camberwell Downhill Gourmet Bike Riders

September Ride Report

Well once again it was up to those 'magnificent seven' who dared to venture out on a morning which did not look promising at all. But with their waterproof tops, warm gloves and zest, they set off to enjoy a good morning's ride. Unfortunately the rains met up with them on their way home but even this did not 'dampen' their spirits. Shame on you young ones – come on, we must not let the 'older generation' have all the fun, so it is expected to see you all at the next ride – raining or not!!! Thank you Joe and Val for organising this ride and well done to the other five riders too.

October Ride: Sunday 16th October 2005

Bass Coastal Rail Trail – Wonthaggi to Kilcunda

Date: Sunday 16th October 2005

Time: Meeting 10.15am for 10.30am start at the old Wonthaggi Railway Station

Distance: 28kms on flat surface

Conveniences & Shops: Toilets and food outlets at Wonthaggi and Kilcunda

Details: We will follow the rail trail from the old Wonthaggi Railway Station to the historic coal mining sites of Dudley. We will pass through a diverse botanical area with clumps of coastal heath and paper bark trees. Six wind farm structures are also found close to the trail. Once we have crossed over Powlett River we will be in an area that has limited native vegetation and coverage so wet weather gear is advisable. It will be in this area that wallabies and kangaroos can sometimes be seen as well as orange bellied parrots, hooded plover, *SWOOPING* magpies and other creatures great and small. We have reached Kilcunda when we arrive at the trestle bridge and the view of the surf beach just beyond. We will lunch here after which we can visit the Mitchell Mine Historic Reserve then return to Wonthaggi for afternoon tea, arriving back around 3.30pm.

For further information – contact David and Geraldine Powell on 9807 0114 or leave a message on the answering machine.

Christmas Break-up Dinner:

After much thought and deliberation, the date of the final dinner has been changed. The date now anticipated for our Christmas Dinner is Friday 18th November 2005. As yet a venue has not been discussed which will give everyone something to talk about on our next ride!

Please earmark this date should the majority agree.

Thinking of You:

John Green has not been feeling well of recent months nor has Allan Fanning. We hope that you both have a speedy recovery and will be back in the saddle soon.

CDGBR Program for 2005

Ride Dates for 2005: Sundays: 16/10 – David & Geraldine; 20/11 – Alan, Lee & Geraldine

Dinner Date: Friday: 18/11? Still to be finalised (End of year Dinner).

Hawthorn Cycle Tours

Hawthorn Cycle Tours (run by the Hawthorn Aquatic and Leisure Centre) has 10 bikes (and helmets) available. Or you can bring your own bike (and helmet) if you prefer. Rides are on Tuesday mornings from 9.30am - 11.00am. Child minding is available at the Creche. It is a social ride, with either a coffee stop out on the trail or on return to the centre (or both!). Distance travelled is usually between 15-20km, mostly flat riding with an occasional hill. Riders ages vary from 20-70 years old.

Contact: Hawthorn Aquatic and Leisure Centre, phone: 9815 0988, Website: <http://www.geocities.com/perften/Hct.html> or e-mail: lexbishop@bikerider.com

Sassafras Ride

Every Sunday all year. Starts at "Bike Life", 114 Auburn Road, Hawthorn, near corner of Burwood Rd and the overhead railway bridge, Melways Ref. Map 45 F10. Arrive prior to 7:30am to ensure departure at 7:30am sharp. Arrives in Sassafras around 9:00am and leaves Sassafras by 9:30am Arrives back in Hawthorn around 10:45am.

Distance under 70 kms from Hawthorn to Sassafras return (includes the 7 kms 1 in 20 hill climb). Route: Auburn Road, Rathmines Road, Canterbury Road, Boronia Road, Mountain Highway (Wantirna Sassafras Road), Mount Dandenong Tourist Rd. You can join and leave the peloton anywhere along this route.

Refreshment stop: Café "Ripe", 376 Mount Dandenong Tourist Road, Sassafras, phone: 9755 2100; Melways Ref. Map 66 F9.

Council on the Ageing (COTA) Cycling Group - Rides Program

Council on the Ageing members have started a cycling group for people who want to ride more and learn more about their bikes and riding, as well as for people just getting started.

Plans for Seniors Bike rides in 2005

We will ride 4 Wednesdays in the month. We will meet at 10am at the place specified. If the weather forecast for the day, published the evening before, is 31°C or above the ride will start at 8am and conclude by 12midday. Every effort will be made to find a coffee stop midmorning! We will generally take our own lunch and picnic together. Some rides are on rail trails or roads in the country and the starting times for these rides will be specified, if different. Riders are welcome to join the ride along the way if it is closer to home. Please contact Janet Bennett on 9853 9808 to discuss any details.

The 1st and 3rd Wednesday rides will be reasonably short, approximately 30km. The details of these rides will be decided on the morning with the group, at the listed starting point.

The 2nd and 4th Wednesday rides will be more challenging, approximately 50- 60km, and are detailed below.

All riders are encouraged to join Council on the Aging (COTA). We also recommend that riders consider joining Bicycle Victoria for the insurance and service they offer.

Program July – December 2005

Abbreviations for the ride grades are #easy *medium !hard ^hills.

Date	Place to meet	Description	Grade
Oct.12 th	Westerfolds Park, Anderson St. carpark, MEL 33 F3. There is no train station nearby.	Westerfolds via Eltham to Diamond Creek and return and extension along Main Yarra Trail, approx 50km	* with some ^.
Oct.19 th	As above	We will choose a 30km circuit to ride on the day.	#
Oct.26 th	Carpark on the Strand, Williamstown, MEL 56 C4 or ride from Newport station to the carpark.	We will ride from the carpark along the beaches in Williamstown and Altona to Point Cooke Coastal Park, approx. 60km.	* but with wind !
Nov. 2 nd	Melbourne Zoo carpark, near Royal Park railway station, MEL 29 E11	We will choose a 30km circuit to ride on the day.	#
Nov.9 th	As above	Moonee Ponds Creek trail to the Western Ring rd trail and return via the Merri Creek trail, approx. 50km.	*
Nov.16 th	As above	We will choose a 30km circuit to ride on the day.	#
Nov.23 rd	Meet at Southbank footbridge MEL 43 G10 at 9.30. Nearest railway station is Flinders St.	We will ride to the COTA AGM starting at 10am., lunch in the city and then ride a circuit of the Capitol City trail approx. 30km.	#
Nov.30 th		No Ride	
Dec. 7 th	Meet at Southbank footbridge MEL 43 G10 at 9.30. Nearest railway station is Flinders St.	We will choose a 30km circuit to ride on the day.	#
Dec.14 th	Drysdale Historic Station carpark MEL 238 C11 or 456 F12 after 2002!. There is no train station nearby.	We will ride a circuit of the Bellarine Peninsula – Drysdale, Portarlington, Queenscliff, Pt. Lonsdale and return, approx 50km.	*
Dec.21st	Meet at Southbank footbridge MEL 43 G10 at 9.30. Nearest railway station is Flinders St.	Christmas Ride. We will ride from the meeting place to Fairfield boathouse for lunch and return to the city.	

Darebin BUG

Darebin BUG runs rides of distances approximating 10-20km every Monday, 40-60km on Tuesdays and up to 90km on Thursdays and a variety of rides of various lengths on weekends.

The **DBUG Rides Planning Committee** is looking for people who are interested in arranging and leading a ride, or in gaining leadership experience by co-leading a ride. Ride dates, suggestions and leaders should be coordinated through the Rides Coordinator. Please contact Doug on 9499 7325 / 0409 956 913 with your ideas.

Next Rides Planning Meeting: Wednesday 10th August, 7.30pm. All welcome.
Contact Doug for details: 9499 7325

Unless otherwise stated, our rides meet at **Jika Jika Community Centre**, corner Plant & Union Streets, Northcote near Westgarth train station.

For information about any of these rides, contact the Rides and Events Coordinator, Doug Morffew
AH 9499 7325 dougmorf@alphalink.com.au

Download the [Darebin BUG rides flyer](#), with details of these rides. (Word doc)

Please note all rides are free to anyone who would like to participate. After the third ride you take part in, we will invite you to join the BUG. Some rides need train tickets, these are to be bought by the participant. A first aid kit is carried on each ride and emergency contact numbers are taken prior to the start of the ride. Darebin BUG has public liability insurance - please note this **does not** cover you or your bike. If that is something you're concerned about then best become a member of Bicycle Victoria so you will be covered by their insurance. In the case of an emergency, ride leaders will call an ambulance if required. The ambulance will charge the injured person, not the BUG. This can be very expensive, so it is wise to consider taking out ambulance membership.

Monday Rides for Beginners

And those looking for short easy rides. Travel local bike paths around 10-20km. For more information, call 9481 8853.

Tuesday & Thursday Rides

Both are social rides largely on bike trails that conclude around 4 pm. Bring lunch & water.

Tuesday Rides

For experienced riders.

These rides leave from **Jika Jika Community Centre**, corner of Plant and Union sts, Northcote, at 9.45am. They vary in length from about 40 to 60 km.

Thursday Rides

For experienced riders.

These rides leave from **Jika Jika Community Centre**, corner of Plant and Union sts, Northcote, at 9.30am sharp. Rides can be up to 90km.

Sunday Social Rides

Some for beginners, others for experienced cyclists.

3rd Sunday of the month - a diverse program, some rides local and others involving public transport.

True Spring: Rustic Rural Ride: Pakenham Circuit Sunday September 18 2005

For more information ring Louise 9484 3860

Sunday Morning Rides

For experienced riders.

Every Sunday, 2-3 hours riding, various distances, training for ATB.

Meet at **Jika Jika Community Centre**, corner of Plant and Union sts, Northcote, at 9am.

Contact Yannick on 0438 785 450

Weekend Rides

Darebin BUG CUP DAY WEEK-END RIDE - Friday October 28 2005 to Tuesday November 1 2005

Four days of cycling, covering 170 km from Bairnsdale to Lakes Entrance via Nowa Nowa, riding along the East Gippsland Rail Trail and Gippsland Lakes Discovery Trail.

Contact Jo for further information: 0147 548 580

Other weekend rides are being planned. Offers to assist with planning and leading are very welcome, please contact the Rides

Coordinator, Doug Morffew on 9499 7325 / 0409 956 913

Around the Bay in a Day 2005

Join the 100km ATB team for training at Jika Jika Community Center (corner of Young and Plant Streets, Northcote) @ 9.00 am sharp each Sunday.

See the [ATB Sunday Training Rides Program](#), for any changes contact Louise on 9484 3860.

For more details contact:

- Doug 9499 7325 regarding organizing group registration and payment with Bicycle Victoria
- Jo 0147 548 580 regarding organizing accommodation on Saturday 15 October and the DBUG jersey
- Louise 9484 3860 or Yannick 0438 785 450 for details of the ATB Sunday Training Rides Program. If you wish to be included on the ATB email and postal list, please email Louise@louisen@vicnet.net.au or ring on 9484 3860.

Manningham BUG

Rides are subject to change so always phone the ride contact close to the date of the ride to confirm details.

Mid Week Rides. There are rides on most Wednesdays. Meet at 9:30am at Warrandyte (outside Pasta Mania) for a local ride every second week, alternating with a 10am meeting at a distant location for a longer ride. Contact Don 9848-5803

Rides Program

		GRADE	CONTACT	MEET AT...
October				
Sat 15th Oct	Mitcham to Jell's Park Jacinta heads downhill for a change! ring for details	Medium	Jacinta 9842 3323	9:00am Mitcham station Mel 48 J9
Sun 16th Oct	Around the Bay in a Day		BV 8636 8888	
Mon 17th	BUG Monthly Meeting In the Stanley Room at The Manningham Club , 1 Thompson's Rd Bulleen		Harv 9890-8006	8pm Mel 32 D10
November				
	Great Victorian Bike Ride 26 November 2005 to 4 December 2005		BV 8636 8888	
Mon 21st	BUG Monthly Meeting In the Stanley Room at The Manningham Club , 1 Thompson's Rd Bulleen		Harv 9890-8006	8pm Mel 32 D10
December				
Wed 21th Dec	11th Annual Fish & Chip Ride The ever popular end of year event Be part of this institution! Lights are required for the return trip after some of the best fish and chips have been consumed	20km Easy	Harv 9890-8006	6pm Floral clock St. Kilda Rd Mel 2F H8

Interested? [Email us to find out more about the BUG](#)

Whitehorse Cyclists Inc

Rides Program

Last updated September 15 2005

More cycling opportunities in our area: Ron of Rotary Forest Hill leads an easy ride every Sunday at 8am: Contact Ron on 0413 042 043

Date	Event	Distance	Grade	Contact
Thur 6 Oct	Broadmeadows, Craigieburn, Box Hill	50 or 80	Med	Ken 9801 7157
Sat 8 Oct	Belgrave to Nunawading	55	Med	Lee-Anne 9878 9480
Sun 9 Oct	Springfest: Free Whitehorse Community Ride (Volunteer or ride)	10/20	Easy	Call Ron on 0413 042 043 to register Starts front of Council offices Whitehorse Road Nunawading from 8am
Tuesday 11 Oct	7.45 pm: Club Night: Club Night: Box Hill Community Arts Centre Station Street Box Hill 4804			Bruce 9848
Tues 11 Oct	2nd Tuesday easy ride	Up to 40	Easy	Loreto 9808 1960
Thur 13 Oct	Box Hill Williamstown via Elwood	60	Med	Mike 9859 3647
Sun 16 Oct	Around the Bay in a Day	Contact Bicycle Victoria		
17 - 24 Oct	8 day ride Murray to Mountains and Shepparton	Up to 80 per day	Med/Hard	Ken 9801 7157
Tues 18 Oct	3rd Tuesday easy ride	Up to 45	Easy	Len 9898 2660
Thur 20 Oct	Circuit via the City	50	Med	TBA
Sat 22 Oct	Plenty River Trail	45	Medium	Bruce D 9852-1921
Sun 23 Oct	Mullum Mullum Festival	Contact John B 9878 4179		
Tues 25 Oct	4th Tuesday easy ride	Up to 45	Easy	Elsa 9849 0131
Thur 27 Oct	Plenty River paths	55	Med	Doug 9802 6702
29 Oct - 1 Nov	Melbourne Cup Cycle Camping tour	40 per day	Medium	Darby 9878 3589
Tues 1 Nov	1st Tuesday easy ride	30	Easy	Len 9898 2660
Thur 3 Nov	Off to The Oaks	45	Med	Len 9898 2660
Fri 4 Nov 7.15 pm	Annual Club Dinner	Members only Info and form		Marion 9844 2971
Sun 6 Nov	Graeme - details soon			
Tuesday 8 Nov	7.45 pm: Club Night: Club Night: Box Hill Community Arts Centre Station Street Box Hill 4804 Annual General Meeting			Bruce 9848
Tues 8 Nov	2nd Tuesday easy ride	40	Easy	Loreto 9808 1960
Thur 10 Nov	Yarra Glen Donnelly's Weir	45/50	Med	Doug 9802 6702
Sat/Sun 12-13 Nov	Around the Bay in 2 Days	68 and 48	Med	Bruce E 9848 4804
Tues 15 Nov	3rd Tuesday easy ride	Up to 45	Easy	Ken 9801 7157
Thurs 17 Nov	Thursday ride	50	Med	9801 7157
Sun 20 Nov	Brighton Beach Path opening	Ken 9801 7157		
Sun to Thurs 20-24 Nov	Canberra ride	Keith 9857 5805		
Tues 22 Nov	4th Tuesday easy ride	Up to 45	Easy	tba
Thurs 24 Nov	Thursday ride	50	Med	9801 7157
Sun 27 Nov	Springvale or East Malvern to Greensborough	75/90	Med-Hard	Simon B 8502 7466
Sun 4 Dec	Edwards Lake Ride	63	Med	Keith 9857 5805
Tuesday 13 Dec	7.45 pm: Club Night: Club Night: Box Hill Community Arts Centre Station Street Box Hill 4804 Christmas Breakup			Bruce 9848
Sat 27 -31 Dec	Cycle camping tour	45 a day	Med	Darby 9878 3589

Melbourne Bicycle Touring Club

We are based in Melbourne, Victoria and conduct rides (or events) every weekend. We are a diverse collection of people with a common interest in cycling - cycle touring in particular. Please feel free to join us!

MBTC Rides and Events

Rides Program

Date	Ride	Rating	Leader
	October		
Thurs 6	MTB Orienteering		Jon
Sat 8	Woodend-Lancefield-Pyalong-Lancefield-Woodend MAD road Ride recce	60km medium	Geoff
Sat 8	Woodend-Wombat-Woodend MAD MTB Ride recce	60km medium	Peter
Sat 8	Port Melbourne - Sorrento. Around the Bay Training	200 km Hard	Judy
Sun 9	Woodend-Lancefield-Pyalong-Lancefield-Woodend MAD Ride recce	110km hard	Phil
Sun 9	Books to Boathouse ride - our regular ride for beginning or returning riders - mostly on bike paths	25km easy	Bernie
Thurs 13	Social night		Alister
Sat 15	BV bike assembly day - Docklands		Gail
Sun 16	Pakenham-Lilydale via Launching Place and Warburton Trail	75-80km	Peter
W/E 15/16	Volunteer w/e for Around the Bay marshalling & slow riding on the Bellarine Peninsula (Geelong train) Camping Chez Barter	100km easy/med	Tony
Tue 18	Club Lunch - Dragon Boat Palace. Lonsdale St	12:30 PM	Kirsty
Thurs 20	Mawson Trail 2006 Information Night (Roger & Tony)		John
Sat 22	You Yangs MTB paths	Easy/Med/Hard	Peter
Sun 23	MTB skills day Westgate Park - limited numbers (fee applies)	50km easy/medium	Graham
Sun 23	Bayside Culture Vulture tour including Billilla & Bluff House	25km easy	Glenn
Sun 23	Pakenham-Lilydale via Launching Place and Warburton Trail	75-80km	Peter
Tue 25- Wed 26	Mystery Overnight Ride		Durelle
Thurs 27	Orbea bikes		Phil
Sun 30	Yum Cha ride - City/Yarra/Merri/Capital City/Moonee Ponds Ck Trails	35km easy	Phil
Sat Oct 29th to Tues Nov 1.	Traralgon to Pakenham along the very scenic Grand Ridge Road. Classic cycle touring on a non-(tent)camping trip.	270km med/hard	Kerry
	November		
Tues 1	Small ride then lunch and Melbourne Cup viewing at Jon's	15km easy	Jon
Thurs 3	Kona 24 hr MTB endurance race		Fred
Sat 5	GVBR training Federation Square to Broadmeadows loop via the Maribyrnong, Ring Road, Moonee Ponds Creek, Centenary and Yarra Trails	80km medium	John
Sun 6	GVBR training Federation Square to Broadmeadows loop via the Maribyrnong, Ring Road, Moonee Ponds Creek, Centenary and Yarra Trails	80km medium	John
Sun 6	Hurstbridge - Humevale loop via Doreen, Humevale, Arthurs Creek, and Nutfield - good GVBR training	65km med/hard	Peter
Thurs 10	Trip Planning		Gael
Sat 12	Mt Everard Track MTB loop from Hurstbridge	60km Med/Hard	Graham
Sun 13	Blackburn Lake ramble - train-based family ride	30km easy	Gerry
Sun 13	Yea loop ride - old favourite via Molesworth and up to the Highlands?	70km medium	Elizabeth
W/E 12/13	Tandem touring on roads and Rail Trail on Bellarine Peninsula, camping chez Barter in Collendina	110km easy/med	Tony
Thurs 17	Auckland Cycle Touring Assoc		Graham
Sat 19	Eltham - Sugarloaf Dam and return via Warrandyte	50 km Medium/Hard	Peter
Sat 19	November Nosh - Thai Taste end of year dinner	delicious	Phil
Sun 20	Classic Epping to Hurstbridge via Yan Yean Reservoir a few hills some gravel	40km easy/med	Norm
Thurs 24	Getting to know you		Elizabeth
Sat 26	Melbourne - Williamstown. Theme Ride	35 km Easy	John
Sun 27	Southern Dandenongs - Hill Climbs and Descents - loop from Upper Ferntree Gully	50km med/hard	Dave
WE 26/27	Colac to Apollo Bay - enjoy the fabulous Otways, some gravel roads	145km medium	Jim
	December		
Thurs 1	Transition from day rides to weekends		Geoff
W/E 3/4	Introduction to touring. Traralgon trundle	100km med	Jon

For information on the above rides, please contact the Touring Secretary, Gael Reid, on (03) 9495 0538, or at rides@mbtc.org.au. Please note that this e-mail address doesn't get checked every day - so don't expect an immediate response!

About the Ride Gradings

Easy: Relatively short distances and easy terrain, with no critical time factor. Suitable for the occasional cyclist.

Medium: Longer distances with varied terrain. Reliable gears, food, tools and wet weather clothing are advisable. Ability to maintain a reasonable speed to meet critical time factors is required.

Hard: Long distances and/or difficult terrain. Extensive experience in all aspects of cycling is mandatory. Riders must be able to maintain a good speed throughout the ride.

YHA

YHA Cycling is made up of people who enjoy cycling in the suburbs and out in country Victoria with a sociable group of like-minded people, aged mainly between mid 20s and mid 40s. YHA Cycling is a recreational club, not a racing club, and we do a mixture of day and weekend rides. The group is based in Melbourne, Victoria, under the umbrella of the YHA Australia, and is one of a number of such local YHA activities groups.

Rides Program

	RIDE	Bike	GRADE	CONTACT
Saturday 8th Oct	Belgrave to Nunawading	Mountain or Hybrid	Medium	Lee-Anne
Sunday 9th Oct	Lilydale-Cockatoo-Healesville-Lilydale (100k)	Any	Hard	Daniel
Friday 14th Oct	Carb Loading Dinner	Sofia's Restaurant Camberwell	Jon	
Sunday 23rd Oct	Bittern or Tyabb Loop (45-50k)	Any	Medium	Kathy
Tour 29 Oct - 13 Nov	The Great Alpine Ride	Any	Medium	Sing
Sunday 30th Oct	Federation Square-Studley Park Boathouse Return (Combined Easy ride/Introductory Canoe trip)	Any	Easy	Daniel & Joe
Sunday 6th Nov	Dandenongs Devonshire Tea circuit (80k Hilly)	Any	Hard	Anne R
W/E 12-13 Nov	A Weekend in Bendigo	Any	Medium	Genia & Belinda
W/E 19-20 Nov	Toowonga South to Bright	Any	Med/Hard	Maria
Friday 25th Nov	Social Dinner (TBA)			Belinda
Saturday 26th Nov	Plains to the Mountains & Pakenham Circuit (2 options Medium + Hard)	Any	Medium and Hard	Voula
Sunday 27th Nov	Northland to Southland via Chadstone	Any	Medium	Paul
Saturday 3rd Dec	CHRISTMAS PICNIC	TBA	Belinda	
Sunday 4th Dec	Hurstbridge to Bald Spur Loop	Mountain Bike only	Medium	Mark & Nevi
W/E 10-11 Dec	Nagambie/Seymour Visit the Mitchelton and Chateau Tabhilk wineries	Any	Easy/Medium	Kathy
Sunday 18th Dec	Toomuc Valley	Touring, MTB or Hybrid	Medium	Jon
Sunday 8th Jan	Alpine Classic Training Ride Warburton to Marysville Return	Any	Hard	Jon
Sun 15th Jan	Broadmeadows to Southbank (for Ice-Cream)	Any	Easy	Ann Bull
Tuesday 17th Jan	Ride Planning Night	Elsternwick Hotel	Anna	
W/E 21-22 Jan	Bellarine Peninsula Winery Tour	Any	Medium	Sing

Visitors (whether members of YHA or not) are welcome to attend any of our rides or other activities. Please note that cyclists aged under 18 must be accompanied by an adult.

YHA contacts: Claire, phone: 9726 5142 or Jane, phone: 9525 6462; e-mail: yhacycling@yahoo.com.au; website: <http://www.vicnet.net.au/~yhacycle>

How to join our mailing list

Send a blank e-mail to [YHA Cycling](mailto:yhacycling@yahoo.com.au) with 'subscribe' in the subject line.

Soon after, you will receive an e-mail asking you to confirm your subscription.

Reply to this e-mail and you're in. E-mail addresses are kept private and are NOT broadcast to the masses.